

# Applied Psychology in Orientation and Mobility Training

For Qualified Rehabilitation Workers, this one-day intensive Continued Professional Development course applies psychological theory to the past, present and future of Orientation and Mobility training in the UK.

## Course Content

### Perspectives of the past

Comparing the social landscape in which Long Cane techniques were developed with the present day, and exploring the identity of the people these techniques were developed for and that of the UK traveller with a visual impairment

### Identity, Social Identity and Social Comparison

Focusing on the transition from Sighted to Visually Impaired viewed through Tajfel and Turner's Social Identity Theory

### Memory

Examining the processes involved in:

- remembering
- forgetting
- working memory
- memory coding
- memory retrieval

and considering psychological therapy based strategies that promote learning for a range of people

Dr Andrew Dodgson has 30 years' experience in the sight loss sector.

He is unique in, practicing as a Rehabilitation Worker, designing and delivering Rehabilitation Worker training and acted as a senior leader for

some of the sectors most influential organisations. Alongside his Rehabilitation Worker and Teaching qualifications, Andrew has a BSc (Hons) degree in Psychology and a PhD in Vision Rehabilitation.



### Psychosocial Health

Reviewing Psychosocial models of wellbeing and introducing a Wellbeing Framework that gets the most out of O&M training

### Biopsychosocial travel

Reviewing and introducing techniques that promote independence in an ever-changing environment

### From Novice to Expert

Using the Dreyfus & Dreyfus, 5 stage model of development to chart our own and our client's development

**Location** – Online (ZOOM)

**Number of Attendees** – 8-10

**Duration** – 6 hours (10 a.m. to 4 p.m.)

**Cost** – £80 + VAT.

15% discount for RWPN members

For your discount code email [courses@vittraining.co.uk](mailto:courses@vittraining.co.uk)

**Dates** – See website

Book you place at:

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